

FEDERAL STATE BUDGET EDUCATIONAL INSTITUTION  
OF HIGHER EDUCATION  
"ROSTOV STATE MEDICAL UNIVERSITY"  
MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION

*Faculty of Education of foreign students, residents and postgraduates*

CONFIRM  
Supervisor  
educational program  
  
E.S. Belousova /  
(FULL NAME.)  
30.05.2023

**THE PROGRAM OF EDUCATIONAL PRACTICE**

ASSISTANT TO THE JUNIOR MEDICAL STAFF

Speciality 31.05.01 General medicine

Form of education full-time

## **1. Goals of practical training “Assistant to junior medical personnel”**

The goals of the practice are:

- familiarizing students with the work of medical institutions;
- study of deontological rules of behavior;
- teaching students the basic principles of caring for therapeutic patients;
- preparation for preventive, therapeutic and organizational and management activities.

### **2. Objectives of practice**

#### **medical:**

- preventing the occurrence of diseases among the population by carrying out preventive and anti-epidemic measures;
- carrying out preventive medical examinations, medical examinations, and follow-up;
- training patients in basic hygienic health measures that help prevent the occurrence of diseases and promote health;

#### **organizational and managerial activities:**

- creation in medical organizations of favorable conditions for the stay of patients and the work of medical personnel;
- compliance with basic information security requirements;

### **3. Place of practice in the structure of the EP**

The practical training “Assistant to Junior Medical Personnel” is basic.

To complete this practice, you need knowledge, skills and knowledge formed by the following previous disciplines:

- general care for therapeutic patients;

List of subsequent academic disciplines that require

knowledge, skills and possessions formed by this practice:

- practical training as an assistant to a ward and procedural nurse.

**4. Type of practice:** practice to obtain professional skills and professional experience

**Practice method:** stationary, mobile

#### **5. Place and time of practice**

The practical training "Junior Medical Staff Assistant" is carried out on the basis of the Municipal Budgetary Healthcare Institution "City Hospital No. 20 of Rostov-on-Don."

Duration: 4th semester.

#### **6. Student competencies developed as a result of internship**

The practice is aimed at developing the following competencies in accordance with the Federal State Educational Standard for Higher Education in this specialty:

GPC-4 - ability and willingness to implement ethical and deontological principles in professional activities;

GPC-10 - readiness to ensure the organization of patient care and provide primary pre-medical health care;

GPC-11 - readiness to use medical procedures provided for in products, the provision of medical care.

**Skills:**

- skills of caring for patients, taking into account their age, character and severity diseases, including seriously ill and dying patients.

**Skills:**

- carry out wet cleaning of the wards;
- monitor the sanitary condition of the wards;
- carry out quartzing of chambers;
- perform sanitary treatment of the patient upon admission to the hospital and during hospital stay;

- perform the patient's daily toilet: washing, hygienic bath, wiping the skin, preventing bedsores;
- supply a vessel, a urinal, remove a urinary catheter, nasogastric tube;
- change the patient's underwear and bed linen;
- care for: hair (washing hair), eyes (rinsing, instillation), behind the ears and nose (cleaning, instillation);
- monitor drainages, catheters and dressings;
- measure body temperature and record it graphically;
- transport patients on stretchers, chairs and gurneys;
- reposition the patient;
- collect biological material from patients for laboratory testing research;
- distribute food and feed the sick;
- prepare a gauze swab, ball, napkin;
- carry out disinfection and pre-sterilization preparation medical instruments, materials and patient care products.

**7. Structure and content of practice**

The total labor intensity of the practice is 3 credit units, 108 hours.

No. p/p	Sections (stages) Practices	Labor intensity (in hours)
1.	Preparatory stage: safety briefing, assignment to work places.	2
2.	Performing practical skills: wet cleaning of floors; ensure the sanitary condition of the wards; carry out quartzing of the chambers; carry out sanitary treatment of the patient upon admission to the hospital and during his stay in the hospital; perform the patient's daily toilet: washing, hygienic bath,	80

	skin care, bedsore prevention; provide a bedpan, urinal, change the patient's underwear and bed linen; care for: hair (washing hair), eyes (rinsing), ears and nose (cleaning); transport patients on stretchers, chairs and gurneys; reposition the patient; collect biological material from patients for laboratory research; distribute food and feed the sick; prepare a gauze swab, ball, napkin; carry out disinfection and pre-sterilization preparation of medical instruments, materials and patient care products.	
3.	Processing and analysis of the information received, preparation of a report on the practice.	20
4.	Interview based on practice results	6

**8.**Form and documentation of intermediate certification (based on the results practice) - test. Documentation: student practice diary, characteristics.

## DIARY

DATE	Contents of the work performed

### CHARACTERISTICS

Student \_\_\_\_\_ group Full name \_\_\_\_\_ The supervisor must reflect the following indicators:

1. Level of theoretical training.
2. Possession of practical skills.
3. Initiative, creativity, communication skills.
4. Compliance with labor discipline and appearance requirements.
5. Compliance with ethics and deontology.

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Practice score:

Head of the organization \_\_\_\_\_ FULL NAME.  
*signature*

Head of practice from RostSMU Full name \_\_\_\_\_  
*signature*

Organization seal \_\_\_\_\_ Date \_\_\_\_\_

**9.** Fund of assessment tools to determine the level of formation competencies as a result of internship is an appendix to the internship work program.

## 10. Educational, methodological and information support for practice

### a) basic literature:

Osloпов VN General patient care in a therapeutic clinic: textbook. allowance for medical universities/ VN Osloпов, OV Epiphany. -ed. 3rd, rev. and additional – M.: GEOTAR-Media, 2008. - 464 p.

### b) additional literature

Osloпов VN General patient care in a therapeutic clinic: textbook. manual: for university students / VN Osloпов, OV Epiphany. - 3rd ed., rev. and additional – M.: GEOTAR-Media, 2013. - 463 p.

Osloпов VN General nursing care for therapeutic patients: textbook. allowance / VN Osloпов, OV Epiphany. - 4th ed., rev. and additional – M.: GEOTAR-Media, 2015. - 459 p.

Turkina NV General nursing: a textbook for honey. universities / NV Turkina, AB Filenko. – M.: Partnership scientific. KMK publications, 2007. - 550c.

### c) Internet resources:

No. p/p	Publication name (bibliographic description)
1	2
1	<b>Electronic educational library</b> RostSMU [Electronic resource]. - Mode access: <a href="http://80.80.101.225/opacq">http://80.80.101.225/opacq</a>
2	<b>Student Advisor</b> [Electronic resource]: EBS. – M.: LLC "IPUZ". - Access mode: <a href="http://www.studmedlib.ru">http://www.studmedlib.ru</a>
3	<b>Doctor's consultant</b> .Electronic medical library [Electronic resource]: EBS. – M.: LLC GC "GEOTAR". - Access mode: <a href="http://www.rosmedlib.ru">http://www.rosmedlib.ru</a>
4	<b>Single window of access to information resources</b> [Electronic resource]. - Access mode: <a href="http://window.edu.ru/">http://window.edu.ru/</a> [12.02.2018].
5	<b>Russian education. Federal educational portal</b> [Electronic resource]. - Access mode: <a href="http://www.edu.ru/index.php">http://www.edu.ru/index.php</a> [02/22/2018].
6	<b>ACADEMICIAN. Online dictionaries</b> [Electronic resource]. - Access mode: <a href="http://dic.academic.ru/">http://dic.academic.ru/</a> [02/22/2018].
7	<b>WordReference.com</b> [Electronic resource]: online language dictionaries. - Access mode: <a href="http://www.wordreference.com/enru/">http://www.wordreference.com/enru/</a> [02/22/2018].
8	<b>History.RF</b> [Electronic resource]. - Access mode: <a href="https://histrf.ru/">https://histrf.ru/</a> [02/22/2018].
9	Legal reference system " <b>Consultant Plus</b> "[Electronic resource]. - Access mode: <a href="http://www.consultant.ru">http://www.consultant.ru</a>
10	<b>Legal Russia</b> [Electronic resource]: portal. - Access mfoeddee:ral legal <a href="http://www.law.edu.ru/">http://www.law.edu.ru/</a> [02/22/2018].
eleven	<b>Official Internet portal of legal information</b> [Electronic

	resource]. - Access mode: <a href="http://pravo.gov.ru/">http://pravo.gov.ru/</a> [02/22/2018].
12	<b>Federal Electronic Medical Library of the Russian Ministry of Health</b> [Electronic resource]. - Access mode: <a href="http://www.femb.ru/feml/">http://www.femb.ru/feml/</a> , <a href="http://feml.scsml.rssi.ru">http://feml.scsml.rssi.ru</a> [02/22/2018].
13	<b>Electronic library Central subscription scientific medical library (EBA CNMB)</b> [Electronic resource] / OOOMIP "Honey. information resources"; 1MGMU named after. THEM. Sechenov. - Access mode: <a href="http://www.emll.ru/newlib/">http://www.emll.ru/newlib/</a>
14	<b>Scientific electronic library eLIBRARY</b> [Electronic resource]. - Access mode: <a href="http://elibrary.ru">http://elibrary.ru</a>
15	<b>National Electronic Library</b> [Electronic resource]. - Mode access: <a href="http://neb.rf/">http://neb.rf/</a>
16	<b>Scopus</b> [Electronic resource] / Elsevier Inc., Reed Elsevier. - Electronic data. - Philadelphia: Elsevier BV, PA, 2015. - Access mode: <a href="http://www.scopus.com/">http://www.scopus.com/</a>
17	<b>Web of Science</b> [Electronic resource]. Mode access: <a href="http://apps.webofknowledge.com">http://apps.webofknowledge.com</a> (National subscription of the Russian Federation)
18	<b>MEDLINE Complete EBSCO</b> [Electronic resource]. - Access mode: <a href="http://search.ebscohost.com">http://search.ebscohost.com</a> (National subscription of the Russian Federation)
19	<b>Medline</b> (PubMed, USA) [Electronic resource]. - Access mode: <a href="https://www.ncbi.nlm.nih.gov/pubmed/">https://www.ncbi.nlm.nih.gov/pubmed/</a> [02/22/2018].
20	<b>Free Medical Journals</b> [Electronic resource]. - Access mode: <a href="http://freemedicaljournals.com">http://freemedicaljournals.com</a> [02/22/2018].
21	<b>FreeMedical Books</b> [Electronic resource]. - Access mode: <a href="http://www.freebooks4doctors.com/">http://www.freebooks4doctors.com/</a> [02/22/2018].
22	<b>Internet Scientific Publication</b> [Electronic resource]. - Access mode: <a href="http://www.ispub.com">http://www.ispub.com</a> [02/22/2018].
23	<b>CyberLeninka</b> [Electronic resource]: scientific. electron beep. - Mode access: <a href="http://cyberleninka.ru/">http://cyberleninka.ru/</a> [02/22/2018].
24	<b>Archive of scientific journals</b> [Electronic resource] / NEIKON. - Mode access: <a href="http://archive.neicon.ru/xmlui/">http://archive.neicon.ru/xmlui/</a> [02/22/2018].
25	<b>Open access journals in Russian</b> [Electronic resource]/EIPub NEICON platform. - Access mode: <a href="http://elpub.ru/elpub-journals">http://elpub.ru/elpub-journals</a> [02/22/2018].
26	<b>Medical Bulletin of the South of Russia</b> [Electronic resource]. - Access mode: <a href="http://www.medicalherald.ru/jour">http://www.medicalherald.ru/jour</a> [02/22/2018].
27	<b>World Health Organization</b> [Electronic resource]. - Mode access: <a href="http://who.int/ru/">http://who.int/ru/</a> [12.02.2018].
28	<b>Med-Edu.ru</b> [Electronic resource]: medical video portal. - Mode access: <a href="http://www.med-edu.ru/">http://www.med-edu.ru/</a> [02/22/2018].
29	<b>DoctorSPB.ru</b> [Electronic resource]: information reference. portal about medicine. - Access mode: <a href="http://doctorspb.ru/">http://doctorspb.ru/</a> [02/22/2018].
	<b>Modern problems of science and education</b> [Electronic journal]. - Access mode: <a href="http://www.science-education.ru/ru/issue/index">http://www.science-education.ru/ru/issue/index</a> [02/22/2018].
31	<b>Other</b> Open resources can be found at: <a href="http://rostgmu.ru">http://rostgmu.ru</a> → Library→ Electroniccatalog→ OpenInternet resources→ furtherby keyword...



## **List of software**

1. Office Standard, license No. 66869707 (agreement No. 70-A/2016.87278 dated 05/24/2016).
2. System Center Configuration Manager Client ML, System Center Standard, license No. 66085892 (agreement No. 307-A/2015.463532 dated 12/07/2015);
3. Windows, license No. 66869717  
(agreement No. 70-A/2016.87278 dated May 24, 2016).
4. Office Standard, license No. 65121548 (agreement No. 96-A/2015.148452 dated 05/08/2016);
5. Windows Server - Device CAL,  
Windows Server – Standard, license no.  
65553756 (agreement No. RGMU1292 dated August 24, 2015);
6. Windows, license No. 65553761  
(agreement No. RGMU1292 dated August 24, 2015);
7. Windows Server Datacenter - 2 Proc,  
license No. 65952221 (agreement No. 13466/RND1743/RGMU1679 dated October 28, 2015);
8. Kaspersky Total Security 500-999 Node 1 year Educational Renewal License (Agreement No. 358-A/2017.460243 dated November 1, 2017).
9. Provision of communication services (Internet): "Rostelecom" - agreement No. RGMU7628 dated December 22, 2017; "ER-Telecom Holding" - agreement RGMU7611 dated December 22, 2017;  
"MTS" - agreement RGMU7612 dated December 22, 2017.

## **12. Logistics support for practice**

1. In accordance with the agreement on practical training with the Municipal Budgetary Institution "City Hospital No. 20", Rostov-on-Don No. 121 dated March 27, 2018. Premises for independent work of students - a library. The premises are equipped with specialized educational furniture, computer equipment connected to the Internet, providing access to the electronic information and educational environment Nakhichevan, 38/57-59/212-214 (No. 28, Liter A-Ya, 2nd floor).

Premises for practical classes, consultations,

ongoing monitoring of intermediate certification. 344022, Rostov region,  
Rostov-on-Don, st. Suvorova, 119/80, Preparatory Faculty (Liter: A), 4th floor,  
room No. 409.