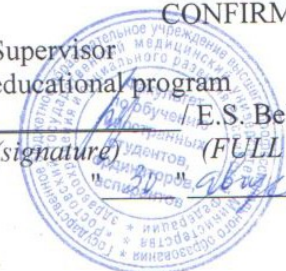


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**FEDERAL STATE BUDGET EDUCATIONAL INSTITUTION  
OF HIGHER EDUCATION  
"ROSTOV STATE MEDICAL UNIVERSITY"  
MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION**

*Faculty of Education of foreign students, residents and postgraduates*

CONFIRM  
Supervisor  
educational program  
  
E.S. Belousova /  
(signature) (FULL NAME.)  
31.05.2023

**DISCIPLINE WORKING PROGRAM**

**THE HISTORY OF RUSSIA**

Speciality 31.05.01 General medicine

Form of education full-time

**Rostov-on-Don  
2023-2024**

## **I. GOALS AND OBJECTIVES OF MASTERING THE DISCIPLINE**

### **1.1. The purpose of mastering the discipline:**

- consists of forming a general idea of the historical path of development of Russian civilization through the study of the main cultural and historical eras;
- formation in students of a holistic understanding of the main periods and trends of national history in the context of world history from ancient times to the present; teaching students to identify, analyze, summarize the most significant connections and signs of historical phenomena and processes, systematize and generalize a huge array of diverse material, reduce individual and often disparate facts and events into a coherent system of reliable knowledge, identify cause-and-effect relationships between them, show underlying processes, determining the course of social development, its driving forces and motivation.

### **1.2. Objectives of studying the discipline:**

- mastering knowledge of historical facts - dates, places, participants and results of the most important events, as well as historical names and terms;
- acquiring the ability to extract information from historical sources, apply it to solve cognitive problems;
- mastering the techniques of historical description (story about events, processes, phenomena) and explanation (disclosing the causes and consequences of events, identifying what is common and different in them, determining their nature, classification, etc.);
- mastering historical concepts and concepts;
- formation of ideas about assessments of historical events and phenomena and skills in evaluative activities (the ability to determine and substantiate one's attitude towards historical and modern events and their participants);
- contribute to the formation of an active civic position of students;
- education of high moral qualities: loyalty to professional duty, feelings of humanism and patriotism; readiness to work in a team, tolerantly perceive social, ethnic, religious and cultural differences; respect for your past.

## **II. REQUIREMENTS FOR THE RESULTS OF MASTERING THE DISCIPLINE**

The study of the discipline is aimed at developing competencies in accordance with the Federal State Educational Standard of Higher Education and the EP of Higher Education in this specialty:

**2.1. Universal: UK-1.**

## **III. THE PLACE OF DISCIPLINE IN THE STRUCTURE OF EP VO**

**3.1. The discipline is a mandatory part.**

## **IV. CONTENT AND STRUCTURE OF THE**

**DISCIPLINE Labor intensity of the discipline in 3**

**4 hours 144**

#### 4.1. Sections of the discipline studied in semesters 1-2

Section number	Section name	Number of hours					
		Total	Contract work				SRS
			L	WITH	ETC	LR	
<b>Semester 1</b>							
1	<b>Introduction. Ancient Rus' and the Moscow State (IX-XVI centuries)</b>		6	21			4
2	<b>Russian Empire from Peter I to Nicholas I (XVIII-mid-XIX centuries)</b>		6	27			8
	<b>Total for the semester</b>		12	48			12
	<b>Interim certification form - test</b>						
<b>Semester 2</b>							
3	<b>The Russian Empire from Alexander II the Liberator to the overthrow of the monarchy in Russia</b>		4	18			4
4	<b>Soviet Russia (Great Russian Revolution of 1917-1991) and the Russian Federation (late 90s of the 20th century - according to present time).</b>		6	24			6
5	<b>Terrorism as a global problem of our time</b>		2	6			2
	<b>Total for the semester</b>		12	48			12
	<b>Form of intermediate certification - differentiated test</b>						
	<b>TOTAL</b>		24	96			24

SRS –independent work of students

L –lectures

WITH -seminars

LR- laboratory works

## 4.2. Contact work

## Lectures

<b>Section number</b>	<b>Lecture no.</b>	<b>Lecture topic</b>	<b>Number of hours</b>
<b>Semester 1</b>			
1	1	<b>Introduction. Emergence and development of Old Russian state (IX-XII centuries)</b>	2
1	2	<b>Formation of the Russian centralized state in the 14th - first third of the 16th centuries.</b>	2
1	3	<b>Russia in the XVI-XVII centuries.</b>	2
2	4	<b>Russia in the era of transformations of Peter I (first quarter of the 18th century)</b>	2
2	5	<b>Russia in the second half of the 18th century. "Enlightened absolutism" of Catherine II.</b>	2
2	6	<b>Socio-economic and political development of Russia in the first half of the 19th century.</b>	2
		<b>Total hours per semester</b>	<b>12</b>
<b>Semester II</b>			
3	1	<b>Liberal reforms of the 1860-70s. Russia in the second half of the 19th century.</b>	2
3	2	<b>Russia at the beginning of the 20th century: the era of revolutionary shocks and civil war.</b>	2
4	3	<b>USSR during the Second World War and the Great Patriotic War (1939-1945)</b>	2
4	4	<b>USSR in the second half of the 1940s. -1980s. gg.</b>	2
4	6	<b>Russia in the post-Soviet period of history. Basic directions of domestic and foreign policy at the beginning of the 21st century.</b>	2
5	5	<b>Countering the ideology of terrorism among youth</b>	2
		<b>Total hours per semester</b>	<b>12</b>
		<b>Total by discipline</b>	<b>24</b>

## Seminars

<b>Section number</b>	<b>Seminar number PR</b>	<b>Seminar topic</b>	<b>Quantity hours</b>	<b>Forms of current control</b>
<b>Semester 1</b>				

1	1	Russia in the world historical process. Eastern Slavs in the V-VIII centuries. Educational background states among the Eastern Slavs.	3	Interview
1	2	The first Russian princes and their activities. Baptism of Rus'.	3	Interview ,testing
1	3	Political disintegration Old Russian state. Rus and the Golden Horde.	3	Interview ,testing
1	4	Strengthening Moscow principalities. Unification of Rus'. Ivan III.	3	Interview ,testing
1	5	Russia during the reign of Ivan the Terrible. Reforms and counter-reforms.	3	Interview ,testing
1	6	Time of Troubles in Russia. The first Romanovs.	3	Interview ,testing
1	7	Russia in the middle of the second half of the 17th century. Church schism.	3	Interview, essay
2	8	Origins of industrial civilization. Countries of Western Europe and the East in the XVI-XVIII centuries	3	Interview ,testing
2	9	Russia during the period of reforms of Peter I. The Northern War and its results.	3	Interview ,testing
2	10	Palace coups.	3	Interview, testing
2	eleven	Enlightened absolutism of Catherine II.	3	Interview ,testing
2	12	The formation of industrial civilizations in Western Europe. Development of capitalist relations and social structures in the 19th century	3	Interview ,testing
2	13	Russia at the beginning of the 19th century. Alexander I. Speransky M.M. Constitutional projects. War of 1812	3	Interview ,presentation
2	14	Decembrist revolt. Nicholas I, change of political priorities. Foreign policy.	3	Interview ,testing
2	15	Russia and European revolutions in 1830-1831	3	Interview, testing
2	16	Social movement in Russia in the first half of the 19th century.	3	Interview ,testing
		Total hours per semester	48	
<b>Interim certification form - test</b>				
<b>Semester II</b>				



3	1	Western society at the beginning of the twentieth century. National technical progress at the turn of the century.	3	Interview ,testing
3	2	Abolition of serfdom in Russia. Bourgeois reforms of the 60s and 70s. XIX century Foreign policy	3	Interview ,testing
3	3	Domestic and foreign policy of the autocracy in the 80-90s. gg. XIX century	3	Interview ,testing
3	4	Features of the economic and political development of Russia at the beginning of the twentieth century. Russo-Japanese War. First Russian revolution 1905-1907	3	Interview, essay
3	5	Russian modernization in 1907-1917 "Silver Age" of Russian culture.	3	Interview .testing
3	6	World War I. Fighting 1914-1918	3	Interview ,testing
4	7	From the February Revolution to the October Revolution. Causes and course of the Civil War.	3	Interview ,testing
4	8	Construction of socialism in USSR in the 20s-30s.	3	Interview, testing
4	9	Foreign policy of the USSR in 20-30s XX century.	3	Interview, testing
4	10	Causes and course of the Second World War. The beginning of the Great Patriotic War.	3	Interview ,testing
4	eleven	USSR during the Great Years Patriotic War. The meaning and price of Victory.	3	Interview ,testing
4	12	USSR in 1945-1953. Economic recovery and development. "Cold War".	3	Interview ,testing
4	13	Socio-economic and political development of the USSR in 1953-1985. Board of N.S. Khrushchev and L.I. Brezhnev.	3	Interview ,testing
4	14	Soviet Union in 1985-1991 Education CIS. Russia and the world at the turn of the XX-XXI centuries.	3	Interview ,testing
5	15	Countering the ideology of terrorism. Concept, types, causes of terrorism. Modern terrorist organizations.	3	Interview ,testing

<b>5</b>	<b>16</b>	<b>Terrorism as a global problem of our time. Fundamentals of anti-terrorism policy in the Russian Federation.</b>	<b>3</b>	<b>Interview ,presentation</b>
		<b>Total hours per semester</b>	<b>48</b>	



		<b>Form of intermediate assessment – differentiated credit</b>		
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#### 4.3. Independent work of students

No. section a	Type of independent work of students	Quantity hours	Forms of current control
<b>Semester 1</b>			
1	Working with teaching aids and educational materials methodological literature, preparation for interviews	4	Interview, essay
2	Working with textbooks and educational and methodological literature, preparing for testing.	8	Testing
3	Preparation of an abstract	4	Essay
4	Working with teaching aids and educational materials methodological literature, preparation for testing.	6	Interview, testing
5	Preparing a presentation	2	Presentation
	<b>Total hours per semester</b>	<b>24</b>	

#### V. ASSESSMENT MATERIALS FOR CURRENT CONTROL AND INTERMEDIATE CERTIFICATION

(are an appendix to the work program)

#### VI. EDUCATIONAL AND METHODOLOGICAL SUPPORT OF DISCIPLINE

##### 6.1.

p/no.	Title of publication (bibliographic description)
1	Fortunatov V.V. History: textbook [for bachelors and specialists] / V.V. Fortunatov. – St. Petersburg: Peter, 2012. – 462 p.
2	Berdinskikh V.A. History of Russia: textbook for universities / ed. V.A. Berdinskikh. - Moscow: Academic Project, 2020. - 608 m. - EBS “Student Consultant” - text: electronic.



## 6.2. Electronic resources

	<b>ELECTRONIC EDUCATIONAL RESOURCES</b>	<b>Access to resource</b>
1	<b>Electronic library Rost State Medical University</b> URL: – <a href="http://109.195.230.156:9080/opacg/">http://109.195.230.156:9080/opacg/</a>	Unlimited access
2	<b>Student Advisor</b> [Kits: "Medicine. Healthcare. IN"; "Medicine. Healthcare. SPO"; "Psychological Sciences"]: Electronic library system. – Moscow: LLC "Polytekhresurs" - URL: <a href="https://www.studentlibrary.ru">https://www.studentlibrary.ru</a> + opportunities for inclusive education	Unlimited access
3	<b>Scientific electronic library eLIBRARY</b> - URL: <a href="http://elibrary.ru">http://elibrary.ru</a>	Open access
4	<b>National Electronic Library.</b> - URL: <a href="http://neb.rf/">http://neb.rf/</a>	Access from computers libraries
5	<b>Wiley Online Library</b> /John Wiley & Sons. - URL: <a href="http://onlinelibrary.wiley.com">http://onlinelibrary.wiley.com</a> via IP addresses of RostSMU and remotely after registration (National Project)	Access limited
6	<b>Sage Publication:</b> [full text collection of e-books eBook Collections]. – URL: <a href="https://sk.sagepub.com/books/discipline">https://sk.sagepub.com/books/discipline</a> by IP addresses of RostSMU (National Project)	Indefinite subscription
7	<b>Russian education. Single window of access:</b> federal portal. - URL: <a href="http://www.edu.ru/">http://www.edu.ru/</a> .– New educational environment.	Open access
8	<b>Federal Center for Electronic Educational Resources.</b> - URL: <a href="http://srtv.fcior.edu.ru/">http://srtv.fcior.edu.ru/</a>	Open access
9	<b>Electronic Library of the Russian Foundation for Basic Research(RFBR).</b> - URL: <a href="http://www.rfbr.ru/rffi/ru/library">http://www.rfbr.ru/rffi/ru/library</a>	Open access
10	<b>Scientific heritage of Russia: eelectronic library</b> /MSC RAS.- URL: <a href="http://www.e-heritage.ru/">http://www.e-heritage.ru/</a>	Open access
eleven	<b>Presidential Library:</b> website. - URL: <a href="https://www.prlib.ru/collections">https://www.prlib.ru/collections</a>	Open access
12	<b>Archive of scientific journals</b> - URL: /NPNEIKON. <a href="https://arch.neicon.ru/xmlui/">https://arch.neicon.ru/xmlui/</a>	Open access
13	<b>International Scientific Publications.</b> –URL: <a href="http://www.scientific-publications.net/ru/">http://www.scientific-publications.net/ru/</a>	Open access
14	<b>Eco-Vector:</b> portal of scientific journals/IT platform of the Russian group of companies "ECO-Vector". - URL: <a href="http://journals.eco-vector.com/">http://journals.eco-vector.com/</a>	Open access
15	<b>South Russian Journal of Therapeutic Practice</b> /RostSMU. –URL: <a href="http://www.therapeutic-j.ru/jour/index">http://www.therapeutic-j.ru/jour/index</a>	Open access
16	<b>Ministry of Science and Higher Education</b> Russian Federation: official website. - URL: <a href="http://minobrnauki.gov.ru/(search_engine_Yandex_system)">http://minobrnauki.gov.ru/(search engine Yandex system)</a>	Open access
17	<b>Modern problems of science and education:</b> electron. magazine. Online publication. - URL: <a href="http://www.science-education.ru/ru/issue/index">http://www.science-education.ru/ru/issue/index</a>	Open access
18	<b>DictionariesencyclopediaAcademics</b> . - URL: <a href="http://dic.academic.ru/">http://dic.academic.ru/</a>	Open access
19	<b>History.RF.</b> [The main historical portal of the country]. -	Open access

	URL: <a href="https://histrf.ru/">https://histrf.ru/</a>	naccess
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### 6.3. Guidelines for students on mastering the discipline “History of Russia”

- Planning and organizing the time needed to study the discipline.

An important condition for successfully mastering the discipline History of Russia is the creation of a system of proper organization of work that allows you to distribute the educational load evenly in accordance with the schedule of the educational process.

Drawing up a work plan can be of great help in this. Its presence will allow you to subordinate your free time to study purposes and work more successfully and efficiently. In the evening you should always distribute work for tomorrow. At the end of each day, it is advisable to summarize the work: carefully check whether everything was completed according to the plan, whether there were any deviations, and if there were, for what reason they occurred. It is necessary to exercise self-control, which is a necessary condition for successful study. If something is left undone, time must be found to complete that part of the work. All assignments for practical classes, as well as assignments assigned for independent work, are recommended to be completed immediately after the corresponding topic of the lecture course.

- Preparation for lectures.

Acquaintance with the discipline occurs already at the first lecture, where the student is required not only to pay attention, but also to independently prepare notes. Lecture note-taking is a complex type of university classroom work that involves intense mental activity of the student. It is advisable to first understand the main idea presented by the lecturer and then write it down. It is advisable to record on one page of the sheet or leave fields on which later, when working independently with notes, you can make additional notes and mark unclear places. It is better to divide the lecture notes into points, observing the red line. This will be greatly facilitated by the lecture plan questions proposed to the teachers. You should pay attention to the emphasis and conclusions that the lecturer makes, marking the most important points in the lecture material with comments “important”, “good to remember”, etc.

- Preparation for seminar classes.

The student should begin preparing for each seminar lesson by familiarizing himself with the seminar lesson plan, which reflects the content of the proposed topic. Careful thinking through and study of the plan's issues is based on studying the current lecture material, and then studying the required and additional literature recommended for this topic. All new concepts on the topic being studied must be memorized and included in a glossary, which should be kept from the very beginning of the course.

In the process of preparing for seminar classes, students need to pay special attention to independent study of the recommended literature. Because Independent work with textbooks, teaching aids, scientific and reference literature, materials from periodicals and the Internet is an effective method of acquiring additional knowledge, allows you to significantly intensify the process of mastering information, promotes a deeper assimilation of the material being studied, and shapes students' attitude to a specific problem.

- Recommendations for working with literature.

It is advisable to start working with literature by studying general works on the topic, as well as textbooks and textbooks. Next, it is recommended to proceed to the analysis of monographs and articles, considering

individual aspects of the problems studied within the course “History of Russia”. Work with sources should begin with introductory reading, i.e. view the text, highlighting its structural units. During introductory reading, bookmarks mark those pages that require more careful study.

An important stage in working with literary sources is the creation of notes that capture the main theses and arguments. You can make notes on separate sheets of paper, which can then be easily organized into individual topics of the course being studied. Another way

- this is the keeping of thematic notebooks on one topic. If quotations are given in the notes, then an indication of the source (author, title, imprint, page number) must certainly be given. Subsequently, this information can be used when writing the text of an essay or other assignment.

Thus, when working with sources and literature, it is important to be able to:

- compare, compare, classify, group, systematize information in accordance with a specific educational task;
- summarize the information received, evaluate what you listened to and read;
- record the main content of messages; formulate, orally and in writing, the main idea of the message; draw up a plan, formulate theses;
- prepare and present detailed reports such as a report;
- work in different modes (individually, in pairs, in groups), interacting with each other;
- use abstracts and reference materials;
- control your actions and the actions of your comrades, objectively evaluate your actions;
- seek help and additional clarification from the teacher or other students.
- use linguistic or contextual guesses, dictionaries of various kinds, various kinds of hints, supports in the text (keywords, text structure, preliminary information, etc.);
- use periphrases, synonymous means, words that describe general concepts, explanations, examples, interpretations, "word creation" when speaking and writing;
- repeat or paraphrase the interlocutor's remarks to confirm understanding of his statement or question;
- ask your interlocutor for help (clarify the question, ask again, etc.);
- use facial expressions and gestures (in general and in cases where linguistic means are not enough to express certain communicative intentions).
- Preparation for intermediate certification.

When preparing for intermediate certification, it is advisable to:

- carefully study the list of questions and determine which sources contain the information necessary to answer them;
- carefully read the recommended literature;
- make short notes of answers (answer plans).

## VII. MATERIAL AND TECHNICAL SUPPORT OF DISCIPLINE

### 7.1. Educational and laboratory equipment.

No.	Name of discipline (module), practitioner in accordance with the curriculum plan	Name of special* premises and premises for independent work	Special equipment rooms and rooms for independent work	List of licensed software. Details of the confirmer document
1	Story	344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212-214 (No. 41, Letter A-Z, 3rd floor) Auditorium No. 301 Classroom for conducting lecture classes type in the discipline "History"	The premises are equipped specialized educational furniture tables - 13, chairs - 26 (quantity) Technical means training, employees for presentation of educational information great audiences: multimedia	

			<p>presentational</p> <p>complex(interactivemultimedia</p> <p>A.V.speaker complex "Basis"interactive</p> <p>projectorEIKI LC-XIP2610)</p>	
2		<p><b>344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212- 214 (No. 41, Letter A-Z, 3rd floor)</b> Auditorium No. 304 Classroom for conducting lecture classes type in the discipline "History"</p>	<p>The premises are equipped specialized educational furniture tables - 16, chairs - 32 (quantity) Technical means training, employees for presentation of educational informationgreat audiences: multimedia presentation complex (interactive multimediaAV speaker complex "Basis" interactive projector EIKI LC-XIP2610)</p>	
3		<p><b>344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212- 214 (No. 41, Letter A-Z, 3rd floor)</b> Auditorium No. 329 Classroom for conducting lecture classes type in the discipline "History"</p>	<p>The premises are equipped specialized educational furniture tables - 13, chairs - 26 (quantity) Technical means training, employees for presentation of educational informationgreat audiences: multimedia presentation complex (interactive multimediaAV speaker complex "Basis" interactive projector EIKI LC-XIP2610)</p>	
4		<p><b>344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212- 214 (No. 41, Letter A-Z, 3rd floor)</b> Auditorium No. 308 Classroom for conducting lecture classes type in the discipline "History"</p>	<p>The premises are equipped specialized educational furnituretables - 14, chairs - 28 (quantity) Technical means training, employees for presentation of educational informationgreat audiences: multimedia presentation complex (interactive multimediaAV speaker complex "Basis" interactive projector EIKI LC-XIP2610)</p>	
5		<p><b>344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212- 214 (No. 41, Letter A-Z, 1st floor)</b> Lecture room No. 1 Classroom for conducting lecture classes type in the discipline "History"</p>	<p>The premises are equipped specialized educational furniture (150 seats) Technical means training, employees for presentation of educational informationgreat audiences: multimedia presentation complex</p>	

6	<p><b>344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212-214 (No. 41, Letter A-Z, 1st floor)</b> Lecture room No. 2 Classroom</p> <p>For conducting lecture-type classes in the discipline "History"</p>	<p>The room is equipped with specialized educational furniture (150 seats) Technical facilities training, employees for presentation of educational information</p> <p>big audience: multimedia presentation complex</p>	
7	<p><b>344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212-214 (No. 41, Letter A-Z, 1st floor)</b> Lecture room No. 3 Classroom</p> <p>For conducting lecture-type classes in the discipline "History"</p>	<p>The room is equipped with specialized educational furniture (150 seats) Technical facilities concepts serving for providing educational Formations for large audiences: multimedia zentation complex</p>	
8	<p><b>344022, Rostov region, Rostov-on-Don, per. Nakhichevan, 38/57-59/212-214 (No. 41, Letter A-Z, 1st floor)</b> Lecture room No. 5 Classroom</p> <p>For conducting lecture-type classes in the discipline "History"</p>	<p>The room is equipped with specialized educational furniture (70 seats)</p>	
9	<p><b>344022, Rostov region, Rostov-on-Don, lane Nakhichevan, 38/57-59/212-214 (No. 41, Letter A-Ya, 2nd floor, 4th floor, Letter B-A, 6th floor)</b> 344022, Rostov region, Rostov-on-Don, Don, Adygeyskaya/Pushkinskaya st.12/191. Special rooms for independent work - library reading rooms, Department of Automation and Monitoring of Learning Quality</p>	<p>Computer equipment with an Internet connection and access to the EIOS RostSMU</p>	
10	<p><b>344022, Rostov region, Rostov-on-Don, lane Nakhichevan, 38/57-59/212-214 (No. 41, Letter A-Z, 3rd floor)</b> Room No. 324, storage room</p> <p>And preventive service</p> <p>educational equipment (name if available, floor and auditorium number)</p>	<p>Storage furniture educational equipment: Technical means</p> <p>For preventive educational services equipment:</p>	

## 7.2. Technical and electronic means.

Board, screen, laptop, projector.



