FEDERAL STATE BUDGET EDUCATIONAL INSTITUTION OF HIGHER EDUCATION "ROSTOV STATE MEDICAL UNIVERSITY" MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION

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In Acres

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Faculty of Education of foreign students, residents and postgraduates

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DISCIPLINE WORKING PROGRAM

Biochemistry

Speciality 31.05.01 General medicine

Form of education <u>full-time</u>

Rostov-on-Don 2023

I. GOALS AND OBJECTIVES OF MASTERING THE DISCIPLINE

1.1. The purpose of mastering the discipline:

to develop knowledge about the basic patterns of metabolic processes that determine the state of human health and adaptation at the molecular, cellular and organ level of the whole organism and the ability to apply the acquired basic knowledge to master clinical disciplines.

- 1.2. Objectives of studying the discipline:
 - students study and acquire knowledge about the chemical nature of substances that make up living organisms, their transformations, the connection of these transformations with the activity of organs and tissues, the regulation of metabolic processes and the consequences of their violation;
 - developing in students the ability to use laboratory equipment and reagents in compliance with safety regulations, analyze the data obtained from the results of biochemical research and use the acquired knowledge to solve situational problems that simulate the functioning of the human body in normal conditions and in pathology;
 - developing skills in analytical work with information (educational, scientific, reference literature and other sources), with information technologies, diagnostic research methods.

II. REQUIREMENTS FOR THE RESULTS OF MASTERING THE DISCIPLINE

The study of the discipline is aimed at developing competencies in accordance with the Federal State Educational Standard of Higher Education and the EP of Higher Education in this specialty:

2.2. General professional: OPK-4

III. THE PLACE OF DISCIPLINE IN THE STRUCTURE OF EP VO

3.1.Discipline refers to the mandatory part or to the part formed by the participants in educational relations is (obligatory).

IV. CONTENT AND STRUCTURE OF DISCIPLINE Labor intensity of the discipline in z 10 hour 360

4.1. Sections of the discipline studied in semesters 2,3,4.

			Nu	mber o	of hours	
Secti	Section name		Contact Job			
on number		Total	L	ETC	SRS	
		Semester 2				

1	Introduction to metabolism. Bioenergy.	34	8	18	8		
2	Carbohydrate metabolism.	31	8	15	8		
3	Metabolism of lipids and lipoproteins.	31	8	15	8		
4	Nitrogen exchange.	12	8	-	4		
	Total for the semester:	108	32	48	28		
Interim o	certification form	t	est with	grade			
	Semester 3						
4	Nitrogen exchange.	20	-	12	8		
5	Matrix biosynthesis.DNA- technologies.	28	8	12	8		
6	Biochemistry of nutrition.	24	8	8	8		
	Total for the semester:	72	16	32	24		
Interim o	Interim certification form			test			
	Semester 4						
7	Hormonal regulation metabolicprocesses. Biochemistry nutrition.	39	8	15	16		
8	Biochemistry of blood and liver.	36	8	12	16		
9	Water-electrolytemineral exchange. Biochemistry of the kidneys.	33	8	9	16		
10	Biochemistry of soft tissues.	36	8	12	16		
	Total:	144	32	48	64		
I	nterim certification form - exam		3	6			
Total for the semester:			18	30			
	semester:						

SectiNo.onlecturesLecture topics		Numbe r of	
number		•	hours
		Semester 2	
	1	Introduction to biochemistry. Enzymes: properties, classification, nomenclature.	2
1	2	Regulation of enzyme activity.	2
1	3	General pathway of substance catabolism	2
	4	Energy exchange. The respiratory chain of mitochondria.	2
	5	Structure and functions of biologicalmembranes.Introduction in the biochemistry of hormones.	2
	6	Carbohydrates: functions, digestion in the gastrointestinal tract. Glycogen metabolism disorders.	2
2	7	Pathways for glucose breakdown: glycolysis (aerobic and anaerobic), pentose-phosphate pathway.	2
	8	Synthesis of glucose from non-carbohydrate substances -gluconeogenesis, regulation.	2
	9	Lipids: functions, digestion in the gastrointestinal tract, transportexogenous fats.	2
	10	Disintegration of TAG, phospholipids, IVH,regulation. Ketonesbo dies: functions, synthesis, use.	2
3	eleve n	Biosynthesis of IVFA, TAG, phospholipids, regulation. The role of VLDL in fat transport. Eicosanoids: structure and biological role.	2
	12	Cholesterol: functions, synthesis, regulation, transport. Bile acids: role, synthesis, disorders. Lipoprotein metabolism and its disorders.	2
	13	Proteins as sources of amino acids.	2
	14	Common pathways of amino acid metabolism. Biosynthesis of urea.	2
4	15	AK collapse. Synthesis of replaceable AAs.	2
	16	Amino acids likepredecessorslow molecularweightnitrogen-containing compounds.	2
Total hours seme	per ster		32
		Semester 3	
٣	17	Nucleotide exchange.	2
5	18	Matrix biosynthesis: repair, replication,transcription.	2

	19	Matrix biosyntheses: translation. Operon theory.	2
	20	SRO in normal and pathological conditions. Apoptosis.	2
	21	Biochemical basis of carcinogenesis.	2
	22	Use of DNA technologies in medicine: PCR and sequencing methods. Gene therapy.	2
	23	Biochemistrynutrition.Biorole macro- and microelements.	2
6	24	Biochemistry of water- and fat-soluble vitamins.	2
Total hours seme	per ster		16
		Semester 4	
	25	Regulatory systems of the body. Biochemistry of steroids hormones	2
7	26	Biochemistry of hormone derivatives AK: adrenaline Andthyroid	2
	27	Biochemistry of hormones of peptide and protein nature.	2
	28	Molecular mechanisms of the development and course of diabetes mellitus.	2
	29	Biochemistry of blood formed elements. Blood plasma proteins	2
8	thirty	Biochemistry of coagulation and anticoagulation systems blood.	2
	31	Iron metabolism in the body. Anemia	2
	32	Biochemistry of the liver.	2
	33	Biochemistry of water-electrolyte calcium phosphateexchanges.	2
9	34	Biochemistry of the excretory system. Principles of regulation CBS and its violations.	2
	35	Biochemistry of muscle tissue.	2
	36	Biochemistry of the myocardium. Laboratory diagnosis of diseases muscles.	2
10	37	Biochemical basis for the development of atherosclerosis	2
10	38	Biochemistry of connective and bone tissues. Osteoporosis.	2
	39	Biochemistry of nervous tissue.	2
	40	Biochemical aspects of alcoholism and drug addiction.	2

Total hours per semester	32
Total hours discipline:	80

Practical work

Section E1 C Induity Induity Control Semester 2 1 Techniquesafety.Classification, And nomenclature of enzymes. 3 Questioning, solving situational problems 2 Properties of enzymes. 3 3 Regulation of enzyme activity. 3 3 Regulation of enzyme activity. 3 3 4 General pathway of substance catabolism 3 5 Energyexchange.Respiratory chain mitochondria. 3 Survey on situational tasks, testing 6 Colloquium 1. 3 Survey on situational tasks, testing 7 Structure and function of biological membranes Introduction to the biochemistry of situational 3	No.	No. ET	Topics of practical work	Qty	Forms of the current
Semester 2 1 Techniquesafety.Classification, And nomenclature of enzymes. 3 Questioning, solving situational problems 2 Properties of enzymes. 3 3 Regulation of enzyme activity. 3 3 3 Regulation of enzyme activity. 3 3 4 General pathway of substance catabolism 3 3 5 Energyexchange.Respiratory chain mitochondria. 3 5 Survey on situational tasks, testing 6 Colloquium 1. 3 Survey on situational tasks, testing 7 Structure and function of biological membranes Introduction to the biochemistry of 3 Questioning, solving situational	section	C		nours	control
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2 Properties of enzymes. 3 3 Regulation of enzyme activity. 3 4 General pathway of substance catabolism 3 5 Energyexchange.Respiratory chain mitochondria. 3 6 Colloquium 1. 3 1 3 Survey on situational tasks, testing 7 Structure and function of biological solving membranes Introduction to the biochemistry of situational 3			nomenclature of enzymes.		situational problems
3 Regulation of enzyme activity. 3 4 General pathway of substance catabolism 3 5 Energyexchange.Respiratory chain mitochondria. 3 6 Colloquium 1. 3 7 Structure and function of biological membranes Introduction to the biochemistry of 3		2	Properties of enzymes.	3	
1 4 General pathway of substance catabolism 3 5 Energyexchange.Respiratory chain mitochondria. 3 6 Colloquium 1. 3 8 Survey on situational tasks, testing 7 Structure and function of biological membranes Introduction to the biochemistry of situational 3		3	Regulation of enzyme activity.	3	
5 Energyexchange.Respiratory chain mitochondria. 3 6 Colloquium 1. 3 Survey on situational tasks, testing 7 Structure and function of biological membranes Introduction to the biochemistry of situational 3	1	4	General pathway of substance catabolism	3	
mitochondria. 6 Colloquium 1. 3 Survey on situational tasks, testing 6 7 Structure and function of biological membranes Introduction to the biochemistry of situational 3 Questioning, solving situational		5	Energyexchange.Respiratory chain	3	
6 Colloquium 1. 3 Survey on situational tasks, testing 7 Structure and function of biological membranes Introduction to the biochemistry of situational 3 Questioning, solving situational			mitochondria.		
1 situational 1 situational 1 tasks, 1 testing 1 Structure and function of biological 3 1 Questioning, 1 solving 1 situational		6	Colloquium 1.	3	Survey on
7 Structure and function of biological 3 Questioning, solving membranes Introduction to the biochemistry of situational					situational
7 Structure and function of biological 3 Questioning, solving membranes Introduction to the biochemistry of situational					tasks,
7 Structure and function of biological 3 Questioning, solving membranes Introduction to the biochemistry of situational					testing
membranes Introduction to the biochemistry of solving		7	Structure and function of biological	3	Questioning,
membranes Introduction to the biochemistry of situational					solving
			membranes Introduction to the biochemistry of		situational
2 hormones. problems	2	0	hormones.	2	problems
8 Carbonydrates: functions, digestion in the 5		0	carbonydrates: functions, digestion in the	3	
Glycogen metabolism regulation disorders			Glycogen metabolism regulation disorders		
9 Glucose breakdown pathway: glycolysis 3		9	Glucose breakdown pathway: glycolysis	3	_
		-	r in sign got got		
(aerobic and			(aerobic and		
anaerobic).pentose			anaerobic).pentose		
phosphate pathway.			phosphate pathway.		
10Synthesis of glucose from non-carbohydrate3		10	Synthesis of glucose from non-carbohydrate	3	
substancesnature - gluconeogenesis,			substancesnature - gluconeogenesis,		
regulation.			regulation.		
Metabolism of fructose and galactose,			Metabolism of fructose and galactose,		
disorders.			disorders.	2	C
eleve Conoquium 2 5 Survey on situational		eleve	Conoquium 2	3	Survey on
					situational
					tasks,
12 Linida: functions_digastion 1st 2 Ouestioning		12	Lipida: functions_digastion_lat	2	Questioning
12 Lipids: functions, digestion 1st 5 Questioning, 12 column 5 Questioning,		12	Lipius. functions, argestion 1st	3	Questioning,
resynthesis. Transport of exogenous fats			resynthesis. Transport of exogenous fats		sorving

	13	Disintegration of TAG, phospholipids,	3	situational
3		IVH, regulation. Eicosanoids: structure and		problems
		biological role. Metabolism of ketone bodies.		
		Ketonemia, ketonuria, their causes		
		development.		
	14	Biosynthesis of IVFA, TAG regulation.	3	
		RoleVLDL in fat		
		transport.		
	15	Cholesterol: functions, synthesis,	3	
		regulation, transport. Bile acids: role,		

		synthesis, disturbances.		
	16	Colloquium 3 under the section: "Lipids".	3	Survey on
				situational
				tasks,
				testing
		Total for the semester	48	
-		Semester 3		
4	1	Integration of metabolism of substances.	2	Questioning,
	2	Proteins as sources of amino acids.	2	solving
				situational
				problems
	3	General pathways of amino acid metabolism.	2	
		Biosynthesis of urea.		
	4	AK collapse. Synthesis of replaceable AAs.	2	
	5	Amino acids as precursors low molecular	2	
		weight nitrogen-		
		containing		
	6	connections	2	9
	6	Colloquium IV	2	Survey on
				situational
				tasks,
	7		2	testing
5	/	Nucleotide exchange.	2	Questioning, solving
	8	Matrix biosynthesis:	2	situational problems
		repair, replication,		
		transcription		
	9	SRO in normal and pathological conditions.	2	
		Apoptosis.		
	10	Biochemical basis of carcinogenesis.	2	
	alava	Use of DNA technologies in medicine, DCD	2	
	n	Use of DNA technologies in medicine. PCR	2	
	11	and sequencing methods. Gene merapy.		
	12	Colloquium V	2	Survey on
				situational
				tasks,
				testing
6	13	Biochemistrynutrition.Biorole macro and	2	Questioning, solving
		microelements.		situational problems
	14	Biochemistry of fat-soluble vitamins	2	
	15	Biochemistry of water-soluble vitamins	2	
	16	Colloquium VI	2	Survey on
	10		2	situational
				situational
				lasks,

				testing
		Total for the semester	32	
		Semester 4		
7	1	Regulatory systems of the body.	3	Questioning, solving
		Biochemistry of steroid hormones		situational problems
		5		1
	2	Biochemistry of hormones - derivatives of AK:	3	
		adrenalinthyroid hormones.		
	3	Biochemistry of hormones of peptide and	3	
-		protein nature.		-
	4	Molecular mechanisms of development and	3	
		course of diabetes mellitus		
-	5	Colloquium VII	3	Survey on
	C	Cono Amana (C	situational
				tasks
				testing
8	6	Biochemistryform blood elements Blood	3	Questioning solving
0	0	plasma proteins	5	situational problems
	7	Biochemistry of coagulation	3	situational problems
		Andanticoagulant blood		
		systems.		
	8	Iron metabolism in the body. Anemia	3	
	9	Biochemistry of the liver.	3	
	10	Colloquium VIII	3	Survey on
				situational
				tasks,
				testing
9	eleve	Biochemistry of water-electrolyte	3	Questioning, solving
	n			situational problems
-	10	phosphate-calcium metabolism.		-
	12	Biochemistry of excretory	3	
		systems.Principles of regulation		
		his		
10	10	violations.	2	-
10	13	Biochemistry of muscle tissue.	3	-
	14	Biochemistry of the card. Laboratory	3	
		diagnosis of muscle diseases		
-	15	Biochemical foundations of development	3	-
	15	Dischemieur foundations of development	5	
		atherosclerosis		
	16	Colloquium IX	3	Survey on
	16	Colloquium IX	3	Survey on situational
	16	Colloquium IX	3	Survey on situational tasks,
	16	Colloquium IX	3	Survey on situational tasks, testing
	16	Colloquium IX Total for the semester	3	Survey on situational tasks, testing

4.3. Independent work of students

Secti on number	Type of independent work	Number of hours	form of control
	Semester 2		
1	Preparation for current control.	8	
2	Preparation for current control.	8	Survey
3	Preparation for current control. Interim certification.	12	Colloquium
	Total for the semester	28	
	Semester 3		
4	Preparation for current control.	8	Survey
5	Preparation for current control.	8	Colloquium
6	Preparation for current control. Interim certification.	8	
	Total for the semester	24	
	Semester 4		
7	Preparation for current control.	16	Survey
8	Preparation for current control.	16	Colloquium
9	Preparation for current control.	16	
10.	Preparation for current control.	7	
	Preparation for intermediate certification.	9	Interview
	Just in a semester	64	
	Total by discipline	116	

V. ASSESSMENT MATERIALS FOR CURRENT CONTROL AND INTERMEDIATE CERTIFICATION

(are an appendix to the work program).

VI. EDUCATIONAL AND METHODOLOGICAL SUPPORT OF DISCIPLINE

6.1. Printed publications

1. Severin E.S., Biochemistry [ER]: textbook / ed. E. S. Severina. - 5th ed., rev. and additional - Moscow: GEOTAR-Media, 2016. - 768 p. - Access from EBS "Student Consultant" - Text: electronic.

2. Severin S.E., Biological chemistry with exercises and tasks [ER]: textbook / ed. S.E. Severina. - 3rd ed., stereotypical. - Moscow: GEOTAR-Media, 2016. - 624 p. - Access from EBS "Student Consultant" - Text: electronic.

3. Regulation of metabolism in the human body: educational and methodological manual for 2nd year students of therapeutic and prophylactic, medical and preventive istomatological facts / N.M. Dobaeva, L.P. Smolyaninova, O.V. Borisenko [etc.]; Height. state honey. university, department total and wedge. biochemistry No. 2. - Rostov-on-Don: RostSMU, 2014. - 87 p.

4. General pathways of metabolism of substances in the human body: (educational and methodological manual for 1-2 year students) / comp.: N.M. Dobaeva, L.P.

Smolyaninova, I.M. Stavisky [and others]; Height. state honey. university, department general and wedge. biochemistry No. 2. - Rostov-on-Don: RostSMU, 2014. - 169 p.
Metabolism of carbohydrates in the human body: educational and methodological

manual for 1st-2nd year students / compiled by: N.M. Dobaeva, L.P. Smolyaninova, M.S. Volkova [and others]; State growth honey. university, department total and wedge. biochemistry No. 2. - Rostov-on-Don: RostSMU, 2016. – 103 p.

6.2. Internet resources

	ELECTRONIC	Access
EDU	CATIONAL RESOURCES	to the
		resource
Electronic libraryRost St	ate Medical University	Unlimited
URI	L: <u>http://109.195.230.156:9080/opacg/</u>	access
Student Advisor[Kits: "M	Iedicine. Healthcare. IN"; "Medicine. Healthcare.	
SPO"; "Psychological Sci	iences"]: Electronic library system Moscow:	Unlimited
LLC		access
"Polytekhresurs" - URL:ht	tps://www.studentlibrary.ru + opportunities	
for inclusive education		

Electronic libraryRost State Medical University		Unlimited
URL: <u>http://109.195.230.156:9080/opacg</u> /	<u>/</u>	access

6.3. Guidelines for students on mastering the discipline

An important condition for successfully mastering the discipline of Biochemistry is the creation of a system of proper organization of work that allows you to distribute the educational load evenly in accordance with the schedule of the educational process. Drawing up a work plan can be of great help in this. Its presence will allow you to subordinate your free time to study purposes and work more successfully and efficiently. It is necessary to exercise self-control, which is a necessary condition for successful study. If something is left undone, time must be found to complete that part of the work. It is recommended to complete all tasks for practical classes, as well as tasks assigned for independent work, immediately after the corresponding topic of the lecture course, which contributes to better assimilation of the material, allows you to promptly identify and eliminate "gaps" in knowledge, systematize previously covered material, and proceed on its basis to mastering new knowledge and skills.

* Preparation for lectures.

Acquaintance with the discipline occurs already at the first lecture, where the student is required not only to pay attention, but also to independently prepare notes. When working with lecture notes, it is necessary to take into account the fact that some lectures provide answers to specific questions on the topic, while others only reveal the relationships between phenomena, helping the student understand the deep processes of development of the subject being studied, both in history and at the present time.

Lecture note-taking is a complex type of university classroom work that involves intense mental activity of the student. A note is useful when the most essential things are written down and done by the student himself. There is no need to try to write down the entire lecture verbatim. This kind of "note-taking" does more harm than good. It is advisable to first understand the main idea presented by the lecturer and then write it down. It is advisable to record on one page of the sheet or leave fields on which later, when working independently with notes, you can make additional notes and mark unclear places.

It is advisable to develop your own system of abbreviations, abbreviations and symbols. However, when further working with notes, it is better to replace the symbols with ordinary words for quick visual perception of the text.

When working on lecture notes, it is always necessary to use not only the textbook, but also the literature that the lecturer additionally recommended. It is this kind of serious, painstaking work with the lecture material that will allow you to deeply master the theoretical material.

* Preparation for practical classes.

The student should begin preparing for each lesson by familiarizing himself with the lesson plan, which reflects the content of the proposed topic. Careful thinking through and study of the plan's issues is based on studying the current lecture material, and then studying the required and additional literature recommended for this topic. All new concepts on the topic being studied must be memorized and included in a glossary, which should be kept from the very beginning of the course.

The result of such work should be manifested in the student's ability to freely answer theoretical questions of the workshop, his speech and participation in a collective discussion of issues on the topic being studied, the correct completion of practical assignments and tests.

In the process of preparing for practical classes, students need to pay special attention to independent study of the recommended literature. Despite the completeness of the lecture notes, it is impossible to present all the material in it due to the limit of classroom hours. Therefore, independent work with textbooks, teaching aids, scientific and reference literature, materials from periodicals and the Internet is the most effective method of acquiring additional knowledge, allows you to significantly intensify the process of mastering information, promotes a deeper assimilation of the material being studied, and shapes students' attitude to a specific problem.

* Preparation for the colloquium.

*Colloquium*is carried out in order to find out and evaluate the level of knowledge of students. It is carried out after the completion of major thematic sections in the form of a survey. Students are asked to answer a series of questions to test the knowledge acquired during lectures and classes. This form of training allows you to systematize knowledge on the subject and delve into the essence of the issue being studied. Teachers, in turn, receive an additional opportunity to control and assess the level of knowledge of students.

In order to successfully pass the colloquium and receive a high grade based on its results, you need to properly prepare for it. First of all, you need to familiarize yourself in advance with the topics of the colloquium and the issues that will be discussed at it. Then literature on this topic is selected and answers to questions are sought. Each student, working with literature on a specific topic, regardless of what topic is given, should be able to highlight the main points in the material. Also, when searching for information, a student can use one or several sources at once, citing them in his answer.

It is worth noting that a student who regularly refreshes the material covered in his memory usually does not experience problems when preparing and passing the colloquium. Therefore, we can advise all students to re-read their notes when returning from lectures. So knowledge is gradually, and most importantly - reliably, deposited and accumulated in the head. And when the date of the colloquium approaches, it will be enough just to quickly glance at the answers to the questions in order to confidently give an answer in class.

By revealing a given topic during a colloquium, students express their own thoughts, showing how they have mastered the material. This allows the teacher to find out the level of knowledge of students and differentiate them by assigning one point or another.

* Recommendations for working with literature.

It is advisable to start working with literature by studying general works on the topic, as well as textbooks and teaching aids. Next, it is recommended to move on to the analysis of monographs and articles that consider individual aspects of the problems studied within the course, as well as official materials and unpublished documents (research papers, dissertations), which may contain the main issues of the problem being studied.

Depending on the results of the introductory reading, a further method of working with the source is chosen. If to solve a given problem it is necessary

studying some fragments of the text, then the selective reading method is used. If the book does not have a detailed table of contents, the student should pay attention to the subject and name indexes.

Selected fragments or the entire text (if it is entirely related to the topic) require thoughtful, leisurely reading with "mental elaboration" of the material. Such reading involves highlighting: 1) the main thing in the text; 2) main arguments; 3) conclusions. Particular attention should be paid to whether the thesis follows from the arguments or not.

It is clear that the ability to work with text in this way does not come immediately. The best way to learn to highlight the main points in a text, to grasp the problematic nature of statements, and to evaluate the author's position is comparative reading, during which the student gets acquainted with different opinions on the same issue, compares the weight and evidence of the arguments of the parties and draws a conclusion about the greatest persuasiveness of that one. or other position.

If in the literature there are different points of view on a particular issue due to the complexity of past events and legal phenomena, they cannot be rejected without understanding them. If there are discrepancies between the authors, it is necessary to find a rational grain in each of them, which will allow a deeper understanding of the subject of study and a more critical assessment of the issues being studied. Getting acquainted with the special positions of the authors, you need to identify their similar judgments, arguments, conclusions, and then compare them with each other and apply the one that is more convincing.

The next stage of working with literary sources is the creation of notes that capture the main theses and arguments. It is advisable to take notes on large specialized works of a monographic nature in separate notebooks. Here it is important to remember that notes are written on one side of the sheet, with margins and sufficient line spacing for corrections and remarks (these rules are observed for ease of editing). If quotations are given in the notes, then an indication of the source must certainly be given (author, title, imprint,

Page No.). Subsequently, this information can be used when writing the text of an essay or other assignment.

Thus, when working with sources and literature, it is important to be able to:

- compare, compare, classify, group, systematize information in accordance with a specific educational task;
- summarize the information received, evaluate what you listened to and read;
- record the main content of messages; formulate, orally and in writing, the main idea of the message; draw up a plan, formulate theses;
- prepare and present detailed reports such as a report;
- work in different modes (individually, in pairs, in groups), interacting with each other;
- use abstracts and reference materials;
- control your actions and the actions of your comrades, objectively evaluate your actions;
- seek help and additional clarification from the teacher or other students.
- use linguistic or contextual guesses, dictionaries of various kinds, various kinds of hints, supports in the text (keywords, text structure, preliminary information, etc.);

- use paraphrases and synonymous means when speaking and writing,words describing general concepts, explanations, examples, interpretations,
 - "word creation";
- repeat or paraphrase the interlocutor's remark in

confirmationunderstanding his statement or question;

- ask your interlocutor for help (clarify the question, ask again, etc.);
- use facial expressions and gestures (in general and in cases where linguistic means are not enough to express certain communicative intentions).

* Preparation for intermediate certification.

When preparing for intermediate certification, it is advisable to:

- carefully study the list of questions and determine which sources contain the information necessary to answer them;

- carefully read the recommended literature;

- make short notes of answers (answer plans).

VII. MATERIAL AND TECHNICAL SUPPORT OF DISCIPLINE

*General*educational and laboratory equipment, technical and electronic means

Name of special premises and premises for educational	Equipping special rooms and rooms for	
work	independent work	
344022, Rostov region, Rostov-on-Don, lane.	The room is equipped with specialized educational	
Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya, 1st	furniture	
floor)	(150 seats)	
Lecture room No. 3	Technical teaching aids used to present educational	
Classroom for conducting lecture-type classes.	information to a large audience: multimedia	
	presentation	
	complex	
344022, Rostov region, Rostov-on-Don, lane.	The room is equipped with specialized educational	
Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya, 1st	furniture	
floor)	(150 seats)	
Lecture room No. 4	Technical teaching aids used to present educational	
Classroom for conducting lecture-type classes.	information to a large audience: multimedia	
	presentation	
	complex	
344022, Rostov region, Rostov-on-Don, lane.	Computer equipment with an Internet connection	
Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya,	and access to the EIOS RostSMU	
2nd floor, 4th floor, Liter B-A, 6th floor)		
344022, Rostov region, Rostov-on-Don, st.		
Adygei/Pushkinskaya 12/191.		
Special rooms for independent work - reading rooms of the		
library, auditorium of the physics department,		
Department of automation and monitoring of training quality.		

Educational and laboratory equipment, technical and electronic means of the Department of General and Clinical Biochemistry No. 2

Name of special premises and premises for independent work	Equipping special rooms and rooms for independent work

344022, Rostov region, Rostov-on-Don, lane. Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya, 7th floor) Auditoriums: No. 712, 714, 715, 722, 723 - premises for conducting practical classes, group and individual consultations, ongoing control of intermediate certification.	The premises are equipped with: - <i>specialized furniture</i> : teaching tables (14 pcs.), teacher's table (1 pc.), chairs (29 pcs.), teaching board (1 pc.), hanger (1 pc.), Lessar split system (1 pc.), - technical teaching aid: TV (1 pc.),
344022, Rostov region, Rostov-on-Don, lane. Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya, 7th floor) Auditorium No. 718 - a room for conducting practical classes, group and individual consultations, current control intermediate certifications.	The premises are equipped with: - <i>specialized furniture</i> : teaching tables (38 pcs.), teacher's table (1 pc.), chairs (76 pcs.), teaching board (1 pc.), hanger (3 pcs.), Oasis split system (1 pc.), - <i>technical training tool</i> : Samsung TV (1 pc.),
344022, Rostov region, Rostov-on-Don, lane. Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya, 7th floor) Auditorium No. 719 - room for holding computer testing, access to electronic resources of the university.	The room is equipped with: - <i>computer equipment</i> : Lenovo monoblock (14 pcs.), with Internet connection and access to the EIOS RostSMU - <i>specialized furniture</i> : desk (1 piece); oval table (1 pc.), computer chairs (16 pcs.), hanger (1 pc.), bedside table (2 pcs.), Daewoo wall heater (1 pc.), Rovex split system (1 pc.), - <i>technical training tool</i> : Telefunken TV (1 pc.),
344022, Rostov region, Rostov-on-Don, lane. Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya, 7th floor) Laboratory No. 717 is a room for conducting laboratory classes.	The premises are equipped with: - specialized furniture: laboratory table - (5 pcs.), fume hood (1 pc.), laboratory stool (5 pcs.), mobile cart - (1 pc.), rolling cabinet (7 pcs.), side cabinet (1 pc.), cabinet for reagents (1 pc.), sink (1 pc.), SARMAT hand dryer (1 pc.). - laboratory equipment: MT pH meter (1 pc.), Millpore double- distiller (1 pc.), MT analytical balance (1 pc.), ice maker (1 pc.), Biomed 6 microscope (1 pc.), heating plate PL 1818 (1 pc. pcs.), Oxygraph Plus system (1 pc.), Bio-Rad gel electrophoresis system (1 pc.), Implen photometer (1 pc.), Pozis refrigerator (1 pc.), Minispin centrifuge (1 pc.).
344022, Rostov region, Rostov-on-Don, lane. Nakhichevansky, 38/57-59/212-214 (No. 29, Liter A-Ya, 7th floor) Laboratory No. 721 is a room for conducting laboratory classes.	The premises are equipped with: - specialized laboratory furniture: titration table (1 pc.), laboratory table (5 pcs.), island table (1 pc.), metal end table (2 pcs.), corner table on a metal support stand (1 pc.), general fume hood (1 pc.), general laboratory cabinet (1 pc.), shelf (1 pc.), mezzanine – (4 pcs.), Ariston refrigerator (1 pc.), - laboratory equipment: Liston water distiller (1 pc.), dry air thermostat (1 pc.), MT technical scales – 1 pc.),