FEDERAL STATE BUDGET EDUCATIONAL INSTITUTION OF HIGHER EDUCATION "ROSTOV STATE MEDICAL UNIVERSITY" MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION

Faculty of Education of foreign students, residents and postgraduates

CONFIRM [®] and a
Supervisor
educational program E.S. Belousova
(signature) (FULL NAME) 2023
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THE PROGRAM OF EDUCATIONAL PRACTICE

RESEARCH WORK

Speciality 31.05.01 General medicine

Form of education full-time

Rostov-on-Don 2023

1.Objectives of research work:

consolidation and deepening of theoretical knowledge acquired during the study of the academic discipline of the main educational program (propaedeutics of internal diseases) and the development of students' skills in independent scientific work related to solving professional and scientificpractical problems.

The objectives of scientific research arework (research work) students development of scientific thinking And inclinations To research and creative activities; involving students within the educational process in the scientific study of medical problems; developing the skills of independent scientific research and a creative approach to solving assigned problems; formation of the scientific and professional culture of future specialists.

2.Place of research in the structure of the EP

Research Internal Medicine Job students By propaedeutics is compulsory section basic educational program 05/31/01 General Medicine and is included in the cycle "Practices, including research." To successfully complete research work on propaedeutics of internal diseases, the student must master the discipline program provided for by the curriculum.

3.Indication of the method and form of research work

Scientific information search in sources with a high evidence base index and presentation of information in abstract form as part of research activities, at meetings of the student scientific circle, participation in scientific student conferences, as well as preparation of theses and scientific articles on the topic of scientific research; gaining skills in preparing scientific papers.

4. Student competencies formed as a result of mastering research work

As a result of completing research work, the student must:

OPK-11CapableprepareAndapplyscientific,scientificproduction,design,organizational and managerialAndregulatory documentation in the healthcare system.

5. Structure and content of research work

The labor intensity of research is

1 z 36 hours, 2 course and 1 z 36 hours, 3 course

Approximate topics of students' research works Topics include search tasks from the following sections:

Various aspects of research work

- 1.Epidemiology of diseases of internal organs
- 2.Human microbiome
- 3.Ethical considerations when performing scientific research
- 4.Evolution of clinical methods for examining patients
- 5.Bioethics
- 6.Development of the domestic therapeutic school
- 7. Social factors in the development of medical science
- 8.8. Methodology for constructing a diagnosis

Rare diseases of the heart and blood vessels

9.Brugada syndrome
10.Budd-Chiari syndrome
eleven.dilated cardiomyopathy
12.Ebstein's anomaly
13.transposition of the great arteries
14.abdominal aortic aneurysm
15.arrhythmogenic right ventricular cardiomyopathy
16.Takotsubo cardiomyopathy
17.Kawasaki disease
18.pulmonary arterial hypertension
19.right ventricular hypoplasia
20.theory and practice of auscultation of the heart and lungs

Rare diseases of the lungs and respiratory system

21.silicosis
22.a<u>sbestosis</u>
23.allergic bronchopulmonary aspergillosis
24.bronchiolitis obliterans
25.chronic granulomatous disease
26.cystic fibrosis
27.Goodpasture's syndrome
28.hemorrhagic vasculitis (Henoch-Schönlein purpura)
29.idiopathic acute eosinophilic pneumonia

thirty.idiopathic pulmonary fibrosis (idiopathic fibrosing alveolitis)

31. juvenile polymyositis32. microscopic polyangiitis33. multifocal fibrosclerosis34. yellow nail syndrome.

Rare endocrine and metabolic diseases and syndromes

35.Addison's disease (hypocortisolism, chronic adrenal insufficiency) 36.hyperadrenalism 37.hyperparathyroidism 38.pheochromocytoma 39. gestational diabetes insipidus 40.porphyria 41.amyloidosis hereditary 42. Parkinson's disease 9 types 43.Wilson-Konovalov disease (hepatolenticular degeneration, Westphal-Wilson disease) 44.acromegaly 45.ACTH-secreting pituitary adenoma 46.ACTH-independent macronodular adrenal hyperplasia 47.autoimmune polyglandular syndrome types 1, 2, 3 48.Carpenter's syndrome 49.Cushing's syndrome 50.gigantism 51.granulomatous hypophysitis 52.growth hormone deficiency 53.hereditary paraganglioma-pheochromocytoma 54.hypoparathyroidism 55.hypopituitarism 56.Kallmann syndrome 57.prolactinoma 58.pseudohypoparathyroidism 59. isolated TSH deficiency 60.peripheral resistance to thyroid hormones 61.papillary thyroid carcinoma 62.multiple endocrine neoplasia (types 1, 2, 2A, 2B) 63.MODY (diabetes mature type in young people) 64. Hippel-Lindau disease (cerebroretinal angiomatosis, VHL) 65.Waterhouse-Friderichsen syndrome 66.amyloidosis (AL, ATTR, AA) 67. familial periodic fevers (periodic illness, cryopyrinopathy, Muckle-Wells syndrome, hyperimmunoglobulinemia D, TRAPS syndrome)

68.oligosecretory plasma cell dyscrasias (TEMPI, POEMS, Schnitzler syndrome)

Rare connective tissue and musculoskeletal diseases apparatus

69. amyopathic dermatomyositis

70.eosinophilic fasciitis

71.Marfan syndrome

72.Ehlers-Danlos syndrome

73.mixed connective tissue disease (Sharpe's syndrome)

74.polymyositis

75. seronegative juvenile idiopathic arthritis

76.diaphyseal sclerosis (Ribbing's disease)

77.eosinophilic granulomatosis with polyangiitis (ANCAassociated vasculitis)

78.systemic scleroderma (diffuse cutaneous systemic sclerosis)

79.Sjögren's syndrome

80.Still's disease in adults

81.Behçet's disease

82.Felty's syndrome

83.juvenile osteoporosis

84. juvenile dermatomyositis

85.Sappho syndrome

86.tarsal tunnel syndrome

87.Tietze syndrome (costochondral syndrome, costochondritis)

Rare diseases of the kidneys and urinary system

88.primary renal amyloidosis

89.myeloma nephropathy

90.radiation damage to the kidneys

91.paraneoplastic kidney damage

Rare diseases of the digestive system

92.<u>autoimmune hepatitis</u>

93.<mark>achalasia cardia</mark>

94.eosinophilic gastroenteritis (eosinophilic esophagitis)

95.Ménétrier's disease

96.diverticula of the esophagus and stomach

97.sideropenic dysphagia

98.Schmieden's syndrome

99.Whipple's disease

100.cystic fibrosis of the pancreas (cystic fibrosis)

101.intestinal carcinoid

102.Gardner's syndrome

103.Hilayditi syndrome

104.pancreatic stones

105.main clinical syndromes in pathology of the digestive and urinary organs: pathophysiological and clinical aspects

106**Rare blood diseases**

107.<u>autoimmune hemolytic anemia</u>
108.Fisher-Evans syndrome/Evans syndrome (FES)
109.sickle cell anemia
110.Casteleman's disease
111.The most rare diseases
112.<u>argyrosis</u> ("blue skin syndrome")
113.fatal familial insomnia
114.progeria (Hutchinson's disease)
115.analgia (congenital insensitivity to pain)
116.Fields disease

117. Aspects of digitalization in healthcare.

118.Innovative diagnostic technologies in the clinic of internal diseases

119.Possibilities of telemedicine in modern realities. 120.Using artificial intelligence to evaluate the results of diagnostic studies

121.Artificial intelligence research to evaluate the effectiveness of therapy.

122.Internet of things in monitoring various diseases 123.Ethical aspects of the use of artificial intelligence in healthcare

124.A vision of a digital hospital.

Reporting form: credit based on the results of the abstract submission. Basic requirements for writing an essay and criteria for its evaluation.

An abstract is a brief record of ideas contained in one or more sources, which requires the ability to compare and analyze different points of view. An abstract is one of the forms of interpretation of the source text or several sources. Therefore, the abstract, unlike the synopsis, is a new, original text. Novelty in this case implies a new presentation, systematization of the material, a special author's position when comparing different points of view.

Abstracting involves presenting a question based on classification, generalization, analysis and synthesis of one or more sources.

Abstract specifics:

• does not contain detailed evidence, comparisons, reasoning, ratings,

• gives an answer to the question of what is new and significant contained in the text. Abstract structure:

1) title page;

2) work plan indicating the pages of each question, sub-question (item);

3) introduction;

4) textual presentation of the material, divided into questions and sub-questions (clauses, subclauses) with the necessary links to sources used by the author;

5) conclusion;

6) list of used literature;

7) applications that consist of tables, charts, graphs, drawings, diagrams (optional part of the abstract).

Applications are arranged sequentially, according to headings that reflect their content.

Requirements for the preparation of an abstract.

The volume of the abstract ranges from 10-15 printed pages. The work is done on one side of a standard size sheet. On both sides of the sheet, margins of 35 mm on the left and 15 mm on the right are left, font 14 is recommended, spacing is 1.5. All sheets of the abstract must be numbered. Each question in the text must have a title in exact accordance with the name in the table of contents.

The abstract is assessed by the scientific supervisor according to the indicatoes on from and criteria for assessing the abstract established by the department.

Criteria	Indicators
1.Novelty abstracted text Max 20 points	 relevance of the problem and topic; novelty and independence in the formulation of the problem, in the formulation of a new aspect of the problem chosen for analysis; presence of the author's position, independence of judgment.
2. Degree of opening essence of the problem Max 30 points	 - compliance of the plan with the topic of the abstract; - compliance of the content with the topic and plan of the abstract; - completeness and depth of disclosure of the basic concepts of the problem; - validity of methods and methods of working with the material; - ability to work with literature, systematize and structure material; - ability to generalize, compare different points of view on the issue under consideration, justify the main provisions and conclusions.
3. Validity	- circle, completeness of use of literary

Criteria and indicators used when assessing an educational essay

selection of sources Max 20 points	sources on the issue; - attraction of the latest works on the problem (journal publications, materials from collections of scientific papers, etc.).
4. Compliance ^{requirements for} design Max 15 points	 - correct formatting of references to the literature used; - literacy and culture of presentation; - mastery of terminology and conceptual apparatus of the problem; - compliance with the requirements for the volume of the abstract; - design culture: highlighting paragraphs.
5. Literacy Max 15 points	 - absence of spelling and syntactic errors, stylistic errors; - absence of typos, abbreviations of words, except generally accepted ones; - literary style.

Essay evaluation

The abstract is graded on a 100-point scale, the points are converted into grades of academic performance as follows:

- up to 50 points "not accepted";
- from 51 points "passed".

6.Methodological recommendations for carrying out research work for students The

organization of research work is built taking into account the following factors:

- have a personality-oriented character
- be complex in nature
- be creative
 - In the process of research work it is envisaged:
 - planning stages of work carried out and monitoring results with use of the resource<u>www.trello.com</u>
 - studyingtypes of scientific research (randomized, observational, etc.) and scientific publications (systematic review, original article, review article)
 - conducting knowledge assessment using interactive exercises using the service www.puzzlecup.net
- study of literary sources (scientific monographs, articles, reports, methodological literature, reports on the implementation of research work, etc.) on propaedeutics of internal diseases, internal diseases

- educationusing electronic databases/resources for searching (<u>https://www.rsl.ru,www.elibrary.ru,www</u>.cyberleninka.ru, www.sciencedirect.com, <u>https://pubmed.ncbi.nlm.nih.gov</u>, <u>https://clinicaltrials.gov</u>, <u>https:// scholar.google.com</u>, https://www.cochrane.org)
 - visualizationusing resource<u>www.boirender.com/</u> www.piktochart.com, systematization and structuring of the information received
 - participation in scientific student conferences, preparation of abstracts speeches and reports
 - preparation of a scientific speech on the topic of scientific research in within the circle of the department of propaedeutics of internal diseases,
 - gaining skills in designing scientific papers using digital visualization technologies (<u>www.visme.ru/</u> https://sboard.online/).

7.Educational, methodological and information support for research work

a) basic literature:

1. Mukhin N.A. Propaedeutics of internal diseases [Electronic resource] / N. A. Mukhin, V. S. Moiseev - M.: GEOTAR-Media, 2014.

b) additional literature:

1. Greenhalgh T.; Fundamentals of evidence-based medicine. Per. from English; Ed. I.N. Denisova, K.I. Saitkulova, V.P. Leonova - M.: GEOTAR - Media, ed. 4th revised, expanded, 2015.

c) Internet resources:

ELECTRONIC					Access
EDUCATIONAL	RESOURCES				to the resource
Electronic	library	RostSMU.	_	URL:	Access
http://109.195.230	.156:9080/opacg/				is not limited
Student Advis	or [Kits: "Medicine.	Healthcare. IN";	"Medicin	e.	
Healthcare. SPO	O"; "Psychological :	Sciences"]: Electr	onic libra	iry	Access
system. – Mosc	ow: Politekhresurs	s LLC.			is not limited
	- URL:	https://www.stuc	lentlibrary.	<u>ru</u> +	
opportunities f	or inclusive educat	tion			
Doctor's consu	ultant. Electronic	medical library:	Electron	ic	
library system.	– Moscow: LLC "Hi	gher School of C	rganizati	on and	Access
Management o	f Healthcare. Com	prehensive med	ical consu	ılting." -	is not limited
URL: <u>http://www</u>	v.rosmedlib.ru +				

Scientific electronic library eLIBRARY	URL: Open
http://elibrary.ru	access
	Access
National Electronic Library URL: <u>http://neb.rf/</u>	computers
	libraries
Russian education. Single window of access: federal por	talURL: Open
http://www.edu.ru/ . – New educational environment.	access
Federal Center for Electronic Educational Resources ૫	JRL: Open
http://srtv.fcior.edu.ru/	access
Electronic Library of the Russian Foundation for Basic	Open
Research(RFBR)URL: <u>http://www.rfbr.ru/rffi/ru/library</u>	access
Federal Electronic Medical Library of the Russian Ministry	y of Open
Health URL: <u>https://femb.ru/femb/</u>	access
Cochrane Library: official website ; chapter "Open Access" UF	RL:_ Content
https://cochranelibrary.com/about/open-access	open
	access
Cochrane Russia : Russian department Cochr	ane Content
cooperation / RMANPO. – URL: <u>https://russia.cochrane.org/</u>	open
	access
Webmedinfo.ru: website [open information and educatio	nal Open
medical resource] Moscow URL: <u>https://webmedinfo.ru</u>	/ access
Univadis from Medscape : international honey. portalUI	RL: Free
https://www.univadis.com/ [Regularly updated database o	of unique registration
information and educational medical resources].	
Med-Edu.ru : medical educational video portalURL: <u>http:</u> /	// Open
www.med-edu.ru/ . Free registration.	access
Doctor's world:professional portal [information resource	for Free
doctors and students] URL: <u>https://mirvracha.ru</u> .	registration
DoctorSPB.ru: information-reference portal about medicine [for stude	ents and Open
doctors] URL: <u>http://doctorspb.ru/</u>	access
BEARWEST :Russian doctor portal [library, database know	ledge] Open
URL: <u>https://medvestnik.ru</u>	access
PubMed: electronic search engine [for biomedical researc	h of the Open
National Center for Biotechnology	access

information (NCBI, USA)] URL: <u>https://pubmed.ncbi.nlm.nih.gov/</u>	
Cyberleninka Open Science Hub: open scientific electronic library	Content open
of publications in foreign languages. – URL: <u>https://</u>	that access
<u>cyberleninka.org/</u>	
Scientific heritage of Russia: e <u>electronic library /</u> MSC RAS URL:	Open
http://www.e-heritage.ru/	access
Russian doctor: website [news for doctors and medical archive. magazines]/ Publishing	Open
House "Russian Doctor" URL: <u>https://rusvrach.ru/</u>	access
South Russian magazine therapeutic practices /	Open
RostSMU. –URL: <u>http://www.therapeutic-j.ru/jour/index</u>	access
Categories clinical recommendations of the Russian Ministry of HealthURL:_	Open
https://cr.minzdrav.gov.ru/	access
FBUZ "Information and methodological center» Rospotrebnadzor: official.	Open
website. – URL: <u>https://www.crc.ru</u>	access
Ministry of Health of the Russian Federation: official website	Open
URL: <u>https://minzdrav.gov.ru</u>	access
World Health Organization: official websiteURL: http://who.int/	Open
<u>ru/</u>	access
Ministry of Science and Higher EducationRussian Federation:	Open
official website URL:http://min <u>obrnauki.gov.ru/(search engine</u>	access
<u>Yandex system)</u>	