

**FEDERAL STATE BUDGETARY EDUCATIONAL INSTITUTION OF HIGHER  
EDUCATION "ROSTOV STATE MEDICAL UNIVERSITY"  
MINISTRY OF HEALTH OF THE RUSSIAN FEDERATION**

**Faculty on Training Foreign Students, Residents and Postgraduates**

**APPROVED by**  
Head of the educational program

\_\_\_\_\_/Lilukhina E.S./

«\_\_\_\_» \_\_\_\_\_ 2025

**WORK PROGRAM OF DISCIPLINE**

**"FOREIGN LANGUAGE (RUSSIAN)"**

Specialty 31.05.01 General Medicine

Mode of education face-to-face

**Rostov on Don  
2025**

Working program of the discipline “Foreign Language (Russian)” by specialty 31.05.01 “General Medicine” was considered at the meeting of the Russian Language Department № 1

Minutes of the meeting № \_\_\_\_\_ from \_\_\_\_\_, 2025.

Head of Department \_\_\_\_\_ I.A.Tropina

Library Director: "Agreed"

« \_\_\_\_ » \_\_\_\_\_ 2025г. \_\_\_\_\_ I.A. Kravchenko

## **I. THE PURPOSE AND OBJECTIVES OF THE DISCIPLINE ACQUISITION**

### **1.1. The purpose of the discipline acquisition**

**The purpose** of mastering the discipline "Foreign language (Russian)" is the formation of communicative competence, i.e. the ability and willingness to carry out interpersonal and intercultural communication with native speakers of the Russian language, i.e.

- the development of skills and abilities of effective speech behavior in various situations of everyday communication;
- mastering written and oral forms of communication in Russian as a means of information activities and further self-education;
- formation of a modern linguistic personality;
- improving the general speech culture of medical students;
- formation of the basics of foreign language competence necessary in the future for professional intercultural communication.

### **1.2. Objectives of studying the discipline:**

- students` preparation to live and study in the Russian language environment;
- language skills development (phonetics, spelling,vocabulary,grammar) in accordance with the topics and communication situations chosen for elementary level of education;
- communication skills development for basic types of language activity (speaking, listening, reading,writing);
- students` familiarization with culture, traditions and real facts of life of the foreign language country within the framework of the topics, fields of study and communication situations corresponding to the experience, interests and psychological features of the students;
- development of the ability to represent their country of origin,its culture in the intercultural foreign language communication;
- gaining the ability to find the way out in the situation when the students lack the language means when receiving and transferring information;
- familiarization with accessible ways of independent learning of languages and cultures, with the usage of new information technologies.

## **II. REQUIREMENTS TO THE RESULTS OF DISCIPLINE ACQUISITION**

The study of this academic discipline is aimed at the formation of universal competence (UC) of students in accordance with the Federal State Educational System of Higher Education and Educational Programme of Higher Education in this speciality:

**UC-4** the ability to apply modern communication technologies, including in a foreign language(-s), for academic and professional interaction, the achievement indicators of which are:

- AI 1 the ability to use verbal and nonverbal means of communication and to choose the most effective ones for academic and professional interaction;
- AI 2 the ability to observe generally accepted norms of communication and to express opinion (judgment), as well as in discussion, dialogue, etc.;
- AI 3 the ability to communicate in a foreign language in the process of academic and professional interaction, to use medical terminology, in a foreign language(-s) as well;
- AI 4 the ability to use modern information and communication tools and technologies.

As a result of acquisition of the discipline, the student should:

**know** the language system of the Russian language at the elementary level (phonetics, vocabulary, word formation, morphology, syntax);

**be able**

- to use at the elementary level the studied phonetic, lexical, morphological and syntactic units in various types of speech activity (reading, writing, listening, speaking) in accordance with the speech situations;
- carry out at the elementary level speech communication in the social and socio-cultural spheres of communication and types of speech activity (reading, writing, listening, speaking) in accordance with the communicative needs;
- use 300 lexical units;
- get information from different sources together with the usage of modern computer means, network technologies, data basis;

**be proficient**

- in practical activities and in everyday life;
- in obtaining, storing and processing new information.

### **III. PLACE OF DISCIPLINE IN THE STRUCTURE OF EDUCATIONAL PROGRAMME OF HIGHER EDUCATION**

3.1. Foreign Language (Russian) discipline refers to the cycle of humanitarian disciplines.

Foreign students are taught on the basis of the continuity of knowledge and skills acquired in general education institutions during the study of their native language and a foreign language. It is a prior for studying disciplines: Russian language, Language speciality, as well as the subsequent study of the majority of professional disciplines.

## IV. CONTENT AND STRUCTURE OF THE DISCIPLINE

**The complexity of the discipline: 3 ZET or 108 hours**

### 4.1. Sections of the discipline studied in the 1<sup>st</sup> semester.

Section No.	Section Name	Number of hours					
		Total	Contact work				IWS*
			L	S	PC	L W	
Term 1							
1	Introductory Phonetic CourseTeaching the pronunciation of Russian sounds and intonational constructions.		0	0	12	0	8
2	Lexical and grammatical norms. Teaching, writing, speaking, listening, and reading skills.		0	0	52	0	36
3	Intermediate Certification Form		test				
	Total:		0	0	64	-	44

\* **IWS**—independent work of students

**L**— lectures

**S**— seminars (on disciplines in accordance with the standard and the Working curriculum)

**LW** – laboratory works (on disciplines according to the curriculum)

**PC**— practical classes (on disciplines according to the curriculum: they include clinical practice)

## 4.2. Face-to-Face Work

### Practical classes.

Section No.	PC No.	Theme of practical classes	Hours	Monitoring Forms
<b>Term 1</b>				
1	1.	Russian alphabet. Vowels and consonants. Russian phonetic system. Sounds and letters. Graphics rule.	2	Oral questioning.
	2.	Rhythm of words, stress, reduction of vowels. Sonorant consonants, pair consonants (voiced and unvoiced consonants).	2	Oral questioning.
	3.	Syllable, stress, rhythm. Reduction ( <i>a, o</i> ). Intonation of a narrative sentence (intonation construction - 1). <b>Greeting. Farewell.</b>	2	Oral questioning.
	4.	Rhythmic stress. Reduction ( <i>e, я</i> ). Intonation of a special question (intonation construction – 2). Personal and interrogative pronouns.	2	Letter, syllable, word dictation. Oral questioning.
	5.	Animate and inanimate nouns. Questions: <i>Кто это? Что это?</i> Construction: <i>Как тебя зовут?</i> <b>Making acquaintance.</b>	2	Oral questioning.
	6.	The concept of gender. Intonation of a general question (intonation construction – 3). Intonation of a statement – question with particle “а”. (intonation construction – 4). Affirmative and negative answers. <b>My family.</b>	2	Oral questioning.
2	7.	Gender and number of nouns. Personal and possessive pronouns. <b>My room. My friend's family.</b>	4	Oral questioning. Grammar interactive tasks. Test #1.
	8.	Present tense of the verbs of the 1 <sup>st</sup> conjugation ( <i>знать, делать, читать ...</i> ). <b>At the lesson.</b>	2	Oral questioning. Test tasks.

9.	Present tense of the verbs of the 2 <sup>nd</sup> conjugation ( <i>говорить, учить...</i> ). Complex sentences with coordinating conjunctions <i>и, а</i> . Constructions: <i>Ахмед читает текст, и Анна тоже читает текст.</i> <i>Ахмед читает текст быстро, а Анна читает медленно.</i>	2	Oral questioning. Test tasks.
10.	Adverbs of manner, time and place. <b>Our group.</b>	2	Oral questioning.
11.	Matching adjectives to nouns in gender and number. Questions <i>какой?, какая?, какое?</i>	2	Oral questioning. Test tasks.
12.	Demonstrative Pronouns <i>этот, эта, это, эти</i> . The question “how much?”. Quantitative and ordinal numbers from 1 to 10.	2	Oral questioning. Test tasks.
13.	Past tense of verbs. Future tense of verbs. Talking about the past and future.	2	Oral questioning. Test #2.
14.	The concept of the prepositional-case system of the Russian language. Genitive of personal pronouns and singular nouns. Genitive case to show a possession in the construction <i>Уменя есть...</i> . Genitive case of singular nouns in the negative construction <i>Уменя нет...</i> . <b>My friend.</b>	4	Oral questioning.
15.	Genitive after cardinal numbers 2-4. Genitive in the direction of movement: <i>Откуда вы приехали?</i> Quantitative numerals till 100.	2	Oral questioning. Phrase dictation.
16.	Accusative case of inanimate singular and plural nouns (direct object). <b>My friends.</b>	2	Oral questioning. Test tasks.
17.	Accusative case used in expressions of time. Verbs of motion <i>идти, ехать</i> . Accusative case of nouns in the direction of motion. <i>Куда вы идёте/едете?</i> <b>Timetable. Days of the week.</b>	4	Oral questioning.

	18.	Accusative case of singular animate nouns (direct object). Accusative case of personal pronouns. <b>My favourite day of the week.</b>	2	Oral questioning. Phrase dictation.
	19.	Prepositional case of singular nouns used to indicate the place or location. Prepositional case of singular nouns used to denote the object of speech or thought. <b>City.</b>	4	Oral questioning. Grammar interactive tasks. Test tasks.
	20.	Instrumental case of singular nouns to express the concept of "together with". Instrumental case of singular nouns (talking about profession). Instrumental case of personal pronouns. Infinitive constructions with verbs <i>любить, хотеть</i> . <b>Our dreams.</b>	4	Oral questioning.
	21.	Dative case of singular nouns and personal pronouns in the meaning of the addressee. Dative case to denote age <i>Кому сколько лет</i> . <b>Shopping.</b>	4	Oral questioning.
	22.	General concept of grammatical aspect of the verb. Meanings of the imperfective and perfective aspects of verbs. <b>Famous people.</b>	2	Oral questioning.
	23.	Future tense of the imperfective and perfective aspects of verbs.	2	Oral questioning. Dictation with grammar task.
	24.	Time on the clock. Constructions: <i>Сколько времени? (который час?)</i> Complex sentences with explanatory clauses: <i>Я знаю, что ты изучаешь.</i> <i>, где он живет.</i> <i>, куда она идет.</i> Complex sentences with subordinate clauses of reason. <b>I study Russian.</b>	2	Oral questioning. Written monologue.
3	25.	Review and summary of the material covered. Test control.	4	Oral monologue. Test #3.



### 4.3. Independent work of students

Section No.	Type of independent work of students	Hours	Monitoring forms
<b>1<sup>st</sup> Term</b>			
1	Doing lexical and grammatical exercises. Reading texts and answering the questions. Oral retelling of the text. Review and summary of the lexical and grammatical material. Preparation for the midterm control.	14	Dictations. Reading texts and answering the questions. Text retelling.
2	Doing lexical and grammatical exercises. Reading texts and answering the questions. Oral retelling of the text. Review and summary of the lexical and grammatical material. Preparation for the midterm control.	26	Dictations. Reading texts and answering the questions. Text retelling. Written and oral monologues.
3	Preparation for the landmark control.	4	

## V. EVALUATION MATERIALS FOR CURRENT CONTROL, INTERMEDIATE CERTIFICATION

Evaluation materials for determining the level of competence formation as a result of learning Russian language are an application for the work program.

## VI. EDUCATIONAL-METHODICAL MAINTENANCE OF DISCIPLINE

### 6.1. Print publications

1. Moskovkin L.V. Russian Language: Textbook for Foreign Students of Preparatory Faculties / L.V. Moskovkin, L.V. Silvina. – Saint Petersburg: SMIO Press, 2016. – 516 p. – 50 cop.
2. Khavronina S.A. Russian Language in Exercises: A textbook (for English Speakers) / S.A. Khavronina, A.I. Shirochenskaya. – Moscow: Russian Language: Courses, 2019. – 383 p. – 220 cop.
3. Russian for Foreigners: English Medium = Russian for Anglophone Students: A textbook / S.M. Dyachenko; edited by I.A. Tropina. – Rostov-on-Don: Publishing House of RostSMU, 2021. – 85 p. – 4, EC. – Access from the

RostSMU EL.

4. Let's talk Russian!:= Let's talk Russian!: A textbook for Anglophone Students / I.A. Tropina, S.A. Mirzoeva, I.Y. Protsenko [et al.]; edited by G.S. Gafiyatullina; Federal State Budgetary Educational Institution of the Russian Ministry of Health. – Rostov-on-Don: Publishing House of RostSMU, 2023. – 110 p. – 4, EC.– Access from the RostSMU EL.

## 6.2. Internet resources.

1.	Student Advisor [Sets: "Medicine. Healthcare. HE"; "The medicine. Healthcare. SVE"; "Psychological Sciences"]: Electronic Library System. – Moscow: LLC "Politekhresurs". – URL: <a href="http://www.studmedlib.ru">http://www.studmedlib.ru</a> + opportunities for inclusive education	Access is not limited
2.	Russian education. Single Access Window / Federal Portal. – URL: <a href="http://www.edu.ru/">http://www.edu.ru/</a> . – New educational environment.	Open access
3.	WordReference.com: online language dictionaries. - URL: <a href="http://www.wordreference.com/enru/">http://www.wordreference.com/enru/</a>	Open access
4.	Education in Russian: portal / State Institute of the Russian Language named after A.S. Pushkin. – URL: <a href="http://pushkininstitute.ru/">http://pushkininstitute.ru/</a>	Open access
5.	Ministry of Science and Higher Education of the Russian Federation. – URL: <a href="http://minobrnauki.gov.ru/">http://minobrnauki.gov.ru/</a>	Open access
6.	History of the Russian Federation. [The main historical portal of the country] - URL: <a href="https://histrf.ru/">https://histrf.ru/</a>	Open access

## VII. MATERIAL AND TECHNICAL SUPPORT OF THE DISCIPLINE

### 7.1. Educational and laboratory equipment.

Classrooms for seminars.

Grammar tables. Illustrations for studies, situational pictures; illustrations for lexical topics for a monologue statement (sociocultural sphere of communication).

Audio recordings: introductory phonetic course, dictations.

Tests on the topics studied.

Presentation material on grammar and lexicalregional topics, videos.

### 7.2. Technical and electronic means.

Electronic information and educational environment, distance learning platform of RostSMU.

Multifunctional device, PC, monitors.